



Integrative Life & Employee Health Plan Common Service Fees and Savings

Service	Member Pricing*	Average Retail Cost
Appointments (In person, Virtual, or Phone)		
Establish Care	\$0	\$350
Annual Physical	\$0	\$275
Urgent/Continuity Visits	\$0	\$145
School, Sports, Work Physical**	\$0	\$209
Health Coaching	\$20 Retail/\$0 Employees	\$100
Nutrition Coaching	\$20	\$100
Procedures (most common)		
PAP	\$25	\$99
Pap + HPV	\$72	\$269
Pap w/HPV and CtNg	\$92	\$368
Pelvic Exam	\$0	\$25-\$60
IUD Removal	\$30	\$98-\$198
Cryotherapy	1st site \$20, additional sites \$15/each	\$218
Minor Procedure	\$30	\$212
Biopsy w/ Pathology	1st site \$80, additional sites \$54/each	\$352
Incision & Drainage	\$50	\$312
Suture Removal	In house sutures \$5, external \$20	\$330
EKG	\$5	\$44
Ear Irrigation	One ear \$10, Both \$15	\$150
Flu Shot	\$20	\$28
TDap	\$56	\$72

Continued on back...

(Continued from other side)

Td Tetanus	\$44	\$50
X-ray *Order sent to allied partner	\$50	\$200
Labs (most common)		
Annual Panel (CBC, CMP, Vit D, Lipid)	\$29	\$219
Full Thyroid	\$70	\$490
Thyroid Follow-Up	\$45	\$300
Basic Thyroid	\$15	\$220
Iron & TIBC	\$13	\$78
Ferritin	\$15	\$73
Vit B12	\$15	\$78
Vit B12 & Folate	\$20	\$110
PSA	\$5	\$81
Advanced Lipid Panel	\$93	\$427
Insulin	\$14	\$70
Hemoglobin A1C	\$5	\$48
Hepatitis Panel	\$63	\$80
Women's & Men's Hormone Panel	\$100, +DHT \$200	\$279
FIT Test (Fecal Test)	\$25	\$26-130
Urinalysis	\$5	\$20
Urine Culture	\$20	\$51
ABO & Rho (Blood Typing)	\$14	\$65
STI Panel	\$65	\$269
Flu Test	\$35	\$66
Strep Test	\$5	\$66
Urine Pregnancy Test	\$5	\$25
Beta HCG (Blood Pregnancy Test)	\$15	\$65
RSV Test	\$30	\$50
Throat Culture	\$20	\$50
Wound Culture	\$32	\$78
* Pricing as of October 2022 and subject to change. Please inquire to confirm.		
** We do not offer DOT physicals		

*Last update: 20221108